

Student council literary society organized Tahaffuz

JSMU Literary Society, under the banner of JSMU Student Council, collaborated with "Tehreer," to bring about an event that was very important keeping in view the conditions of our country. The event went by the name "Tahaffuz," which had the aim of teaching self-defense, spreading social awareness and having a panel discussion regarding women and child brutality and harassment.

According to a research; Reported cases of child abuse increased by 11 per cent in year 2018 compared to 2017, with more than 10 children suffering some form of abuse every day in Pakistan last year, a report released by the NGO Sahil has revealed.

Keeping in view all the above and determined to play our part in making a difference, Tahaffuz was organized. It was a whole month of spreading social awareness amongst the people about good and bad touch and sharing survivor stories for people to know what our women go through on and off.

As our next step, we invited Sir Adnan from Pakistan Taekwondo Federation to train JSMU's few selected volunteers, some self-defense tricks essential for women to combat such situations.

Then our trained team of approx. 15 volunteers and prominent members of students council, visited other institutes on the 8th and 9th of January. The institutes were:

- Beacon of Hope Girls School
- Federal Secondary school
- AES

Our volunteers went over these schools to teach self-training and spread awareness regarding our cause.

Special mentions are:

JSMU Executive Council:

Qousain Ul Haq

Javeria Khan

Khudaija Tehreem

JSMU Literary Society:

Areeba Binte Junaid Saifi

Javeria Anzar

Hafsa Rizvi

Finally we brought out learnings home and on 11th of January, Tahaffuz's event at JSMU was held. It had self-defense session and a panel discussion.

JSMU Studios, our proud partners for the cause, co-operated with us to make a video covering the entire topic named "Aakhir Kab Tak." It was premiered in front of the panelists.

We had some huge names and intellectual minds on board which are as follows:

- Dr. Jawed Akbar Dars; Assistant Professor and Consultant Psychiatrist from JPMC,
- Moneeza Ahmed; Social Worker and organizer of Aurat March,
- Bisma Aziz; Owner of "Beacon of Hope: Free Educational Institute for Girls."

This event proved to be a huge success and source of information in terms of teaching self-defense, spreading social awareness and sharing the unheard stories of victims. We had a huge crowd which validated our cause even more.

JSMU Student Council is proud to have been a part of something that is a step towards awareness regarding women brutality and harassment and we hope that our little step proves to be beneficial for those whom we taught and tried to spread our knowledge too.



